



ADJUSTING TROUSERS

based on the DINAH pattern:

Narrowing the leg width

Adjusting the leg width

Example: The trousers fit around the waist/in the crotch area, but you want to make the legs narrower.

1. Pin along the trouser legs

Pin at the side seams to achieve the desired width. Measure how much you pin on each leg at various points.

You may well need different adjustments along the leg. For example, at the top by the crotch line you may want to reduce the width by 3cm / 1 1/8in, but when you get down to the knee you may need to take in 4cm / 1 1/2in.

To make sure you will reduce the width in the correct place, measure down from the waistline and make a note of how far down your adjustment applies.

Now compare the measurements you got on each leg and take the average measurement for each point.

2. Adjusting the pattern

The absolutely crucial thing is to half each adjustment and **take the same amount away from the inseam and the outseam/side seam!**

If you don't adjust the trouser leg symmetrically, you will distort its shape!

Measure down from the waist to where you want to make your adjustment (in illustration below: points A and B). Here, take the adjusted amount off the inseam and outseam/side seam and then connect all points along the seam with a continuous, smooth line.

Below right: the DINAH pattern has an additional seam in the middle of the back leg. You do NOT need to adjust this seam.

